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# NEWSLETTER

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Issue 1, Term 1, 2021

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## Murray Bridge North School

North Tce, Murray Bridge, SA 5253 T: 8532 3055 F: 8531 0004

W: [www.mbnorthps.sa.ed.au](http://www.mbnorthps.sa.ed.au)

E: [dl.0299\\_admin@schools.sa.edu.au](mailto:dl.0299_admin@schools.sa.edu.au)

### PRINCIPAL REPORT.

Welcome back to school for 2021.

A special welcome to our new Reception students and their families. The first week of school is very exciting for everyone and we look forward to getting to meet new families and students settling into classes, and getting on with the challenges of learning. It's been a very interesting week already at school.

### Covid

At the moment the Covid restrictions are still in place. That means only one Reception, year 1 or Special Options parents should enter the school grounds to deliver your child to the class. All other parents are reminded to drop your children at the gate. We will have Covid marshalls in place to keep everyone safe. From the following week the one adult rule will apply and adults other than staff aren't allowed to enter classrooms. Thank you for your help with this protocol to keep North School safe.



## Upcoming Events

For more events see planner

9th February  
Acquaintance Night

8th March  
Adelaide Cup Day  
Public Holiday

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## Reading is our School Priority

Every child attending  
North School is  
expected to read  
aloud to an adult  
every day.



## More important information

### Getting to school on time

We, of course, want all students in school by 8.45am ready to go into class. But if you are a little late can you please note: until 9.15am students still go to class to be marked on the roll there. After 9.15am they sign in at the school office and take a slip to their class teacher.

### Leaving early

If your child has to leave school early the process is:

Parents or carers must come to the office to sign the child(ren) out, this is a DECD requirement for your child's safety, office staff will then call the classroom and your child/ren will meet you outside the front office.

Office staff will not call to classrooms for students until parent/carer has signed them out.

Please do not arrange an early leaving time after 2.45pm as this is a busy time of day in classes and disruptive to end of day activities.

### Phones and Smart Watches

If Phones or smart watches are brought to school they are to be handed in to the class teacher or school office each morning. For the purpose to prevent misuse, cyber bullying, theft etc that may impact student learning and well being.

Teachers will ensure they are in a locked drawer and identifiable for the student who handed them in to avoid misunderstandings.



## Notes From North

### **School Times**

Please be reminded that school is unsupervised before 8:30am. We ask that students do not arrive before this time.

### **Head Lice**

Please remember to check your child's hair for headlice and treat them before sending them to school.

### **UNIFORM**

Just a reminder of our school uniform policy. All students need to be in school uniform. Lost property is located in the bins near the library. Please name all items.

### **School Zones**

Reminder It's 25km/h when children are present



### **Fruit Fly concerns**

The government has let us know there is a significant fruit fly outbreak in Metro Adelaide and around Renmark, but at this stage Murray Bridge is not in the Fruit Fly zone. That means students can bring fruit to school if it is bought from a local shop or from their own trees but **Do Not Bring to school** if fruit is brought from Metro Adelaide or the Riverland.

### **Some good news**

We are about to begin planning a \$5m refurbishment of the school this year including buildings and grounds. We were pleased to receive a \$40k Variety Club grant for our Special options playground so we hope to have that underway as soon as we can.

Lots more to tell you in future newsletters and thank you for reading this far!

Best wishes

James Parkin

# Great News for Canteen users!!

Download the app so you can order and pay for your recess and lunch online. Students must pick up Recess from the Canteen.

Follow the directions below.  
(Please note we still accept cash payments)

**Qkr! | Mastercard** For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Order and pay for your child's lunches, reducing the need to bring cash to school;
- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.

**Qkr! | Mastercard**

Add your children's details in Student Profiles

Select 'Add student profile'

Add each child's details

Manage each child's details in Student Profiles

Getting started is easy - try it yourself today

**Step 1 Download Qkr!**  
on your Android phone or iPhone. iPad users can download iPhone app

**Step 2 Register**  
Select your Country of Residence as 'Australia' and follow the steps to register

**Step 3 Find our school**  
Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

**Step 4 Register your children**  
When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

Search for our school name

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

**Order meals**

Select a menu from our canteen

Tap the green box to view your receipt or to cancel an order

Select a date for a child and order a meal

Tap 'Repeat order' to copy all paid orders from one week to the next

Tap to change the date you are ordering for

Tap to change the child you are ordering for

Tap 'Checkout' then confirm and pay

**Making payments**

Add up to 5 cards to your wallet

At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.



Non Department for Education (incl. NDIS) Support Services 2021

28/01/2021

Dear Parent &/or Caregivers,

At Murray Bridge North School, we value the work therapists do with our students and families. As educators, we are aware that many different skills impact on a student's access to the educational/ school curriculum and that best outcomes for students occur in a collaborative teamwork approach, in which therapists, families, teachers and other specialists work together to assist students to generalise and maintain skills as they are learned.

Non DfE Support Services (incl. NDIS Providers) are able to work onsite provided -

- An Information Sharing Consent has been signed and returned (attached).
- The Therapist signs and returns a Non DfE Support Services Information and Agreement Form and provides relevant information (attached). **Please note:** *NDIS Providers have been notified about this process and requirement via email.*

The aim of the Non DfE Support Services Information and Agreement is to:

- Ensure that we are aware of the number of providers onsite and resources available to accommodate their work.
- Ensure that students are accessing their required DfE learning time.
- Ensure a safe environment for all students, families, school staff and service providers.
- Improve collaboration and support in place for students. Resulting in improved consistency in communication, alignment and balance between Educational Outcomes and Therapeutic Outcomes.

If you have any questions or concerns in relation to collaborating with us, please feel free to contact me.

Kind Regards,



James Parkin  
Principal



Amanda Johns  
Assistant Principal

<http://www.mbnorthps.sa.edu.au/>





**Non Department for Education (DfE) Support Services**

Name \_\_\_\_\_ Organisation \_\_\_\_\_

Information, policies and procedures for staff working with students at Murray Bridge North School.	Initial
<p>I agree to provide the following to the School Office before working onsite at Murray Bridge North Primary School. <i>Please note: If there is an active MOAA in place for your organisation, make note of this and initial (DCSI &amp; RAN Certificate will not need to be provided to the office).</i></p> <ul style="list-style-type: none"> <li>• DCSI child related employment screening letter.</li> <li>• Responding to Abuse and Neglect – Education and Care (RAN-EC) certificate OR Child safe environment training certificate (eg from SA Health, DCP) which has been completed within the last 3 years and a RAN – EC Update online certificate.</li> </ul>	
I am aware of the DfE Protective Practices Guidelines and agree to use these in my work at Murray Bridge North School.	
I understand that while working with a child onsite the 'Duty of Care' remains with the class teacher or negotiated DfE staff member, therefore all Therapeutic Sessions must be within line of sight of a DfE staff member.	
I agree to sign in and out at the School Office, take a copy of the sign in slip for the class teacher to site, and wear an identification badge (personal identification badge or visitors badge).	
I understand information about students and staff in the school is strictly confidential. I agree to maintain confidentiality in relation to all student and staff information, unless there is risk of serious harm (as outlined in SA Government's Information Sharing Guidelines). I agree to notify Leadership immediately if there are concerns or grievances to ensure appropriate follow up, as per DfE Guidelines and school procedures.	
I understand that before Therapeutic Sessions commence onsite a Consent and Information Sharing Form must be filled in by the child's parent/caregiver.	

<http://www.mbnorthps.sa.edu.au/>

## Murray Bridge North School

I understand that before Therapeutic Sessions commence the Assistant Principal is to be contacted at the school to ensure consent has been given by the child's parent/caregiver.	
I agree to provide Therapeutic Sessions with Murray Bridge North Primary School students between 12 and 3pm, to ensure that Site Improvement/ Educational Outcomes are not impacted. If you wish to work with a child in class due to the alignment of Site Improvement Plan, Educational and Therapeutic Goals before 12pm this must be negotiated between the Assistant Principal and Class Teacher at a mutually agreeable time.	
I understand that each child will have a folder kept in the child's class to be collected before a Therapeutic Session from the class teacher. I agree to fill in the progress template and return to the class teacher after working with him/her. I understand that this is aimed to improve consistency in communication, alignment and balance between Educational Outcomes and Therapeutic Outcomes.	
I understand that if there are concerns in regards to safety that Provider Sessions will cease temporarily to ensure appropriate follow up.	
<b>Work Health and Safety</b>	
Clothing and footwear – sandals and other shoes with openings at toe and heel are hazardous. It is not recommended to wear dangly jewellery as it could be pulled by students and cause injury.	
I am aware of and agree to use safe manual handling techniques.	
I am aware of policy and procedures relating to reporting incidents, accidents and injuries (including completing of ED155 incident report form).	
I am aware of policy and procedures relating to reporting hazards in the workplace.	
I am aware of first aid arrangements.	
I am aware of emergency procedures including Evacuation/ Lockdown Procedures.	

In the case of an emergency please contact-

Name/Relationship \_\_\_\_\_ Phone No. \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Assistant Principal's/ Principal's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

<http://www.mbnorthps.sa.edu.au/>



# When to Step-IN and when to Step-BACK

Helicopter parenting. Bubble-wrapped kids. We know we shouldn't solve all our children's problems for them. But, when should we get involved? We all want to do the right thing for our children. We've read the books, listened to the podcasts and talked to other parents endlessly, all in an effort to raise resilient, kind, caring little people. But have we gone



too far? **On the quest to do the right thing, have we overlooked one of the most important lessons of all?**

**Conflict is a normal part of the human experience, yet sometimes as parents we panic when we witness our child experiencing conflict with a friend.** We may jump in, trying to solve the problem for our kids, offering a series of suggestions. There is an immediate aversion, discomfort and fear of conflict even for ourselves, but amplified when it's our children experiencing it.

Is it because we read *that* book or *that* article and think of the devastating effects of bullying? Perhaps we are taken back to the day we went through the heartache ourselves and want to save our children from our same mistakes?

**How do we strike the perfect balance of allowing our children to develop the skills to be resilient in the face of conflict, yet give them a hand when they need it?** When do we need to step-in and when do we need to step-back?

**Step-BACK** when your child experiences a Friendship Fire (conflict with a friend) that can easily be put out: it's a little thing your child can solve.

For example, your child is upset because their friend didn't let them test out their new fidget spinner. Consider saying something like, 'That sounds like a Friendship Fire. Find the right time to talk to your friend and let them know how it made you feel. You can do this!'

**Your reaction should match the situation.** If it's a small conflict, your reaction should also be small. A disproportionate reaction will make something small even bigger and your child might need modelling to keep things in check. If your child has a tendency to make it bigger and indulge in the negative feelings, continue to minimize it and remind them they can do it.

**Step-IN** when any of the following situations happen:

- You can see your child's self-esteem is being affected,
- You can see the issue is weighing on them and they can't shake it: it's consuming them,
- You feel your child doesn't have the skills to come to a resolution and things are getting worse,



- Their reaction doesn't match the situation
- Your child doesn't feel safe.

If any of these things are happening, this is when you need to step-in and give lots of guidance and support. Like a **coach**, give them strategies to put into practise. Keep your ideas easy and simple and check in with them at the end of each day to see how it went. When you encourage them to try something new, let them know, "And if that doesn't work, no problem! We'll come up with a new plan!".

Most importantly, be that person they can talk to, rely on, who will comfort them during this tricky time.

**Don't solve their problems for them, don't call the other kid's parents, but give them little, bite-sized challenges to help them work through the conflict.**

And if after all that, your child is still struggling and things are getting worse....This is when the parents and teachers need to work together **AS A TEAM** and come up with deeper interventions.

Adapted from an article written by Dana Kerford, Friendship Expert and Founder of URSTRONG

If you would like more information on URSTRONG, (the Friendship program we use at school), please visit the website at <https://urstrong.com>



The Friend-o-cycle



The 4 Friendship Facts

# MBNS Term 1 Planner

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
<b>1</b>	25/1	26/1 <b>Australia Day Public Holiday</b>	27/1	28/1	29/1	30/1-31/1
<b>2</b>	1/2	2/2	3/2	4/2	5/2	6/2-7/2
<b>3</b>	8/2	9/2 Acquaintance Evening Governing Council	10/2	11/2	12/2	13/2-14/2
<b>4</b>	15/2	16/2	17/2	18/2	19/2	20/2-21/2
<b>5</b>	22/2	23/2	24/2	25/2	26/2	27/2-28/2
<b>6</b>	1/3	2/3	3/3	4/3	5/3	6/3-7/3
<b>7</b>	8/3 <b>Adelaide Cup Day Public Holiday</b>	9/3	10/3	11/3	12/3	13/3-14/3
<b>8</b>	15/3	16/3	17/3	18/3	19/3	20/3-21/3
<b>9</b>	22/3	23/3	24/3	25/3	26/3	27/3-28/3
<b>10</b>	29/3	30/3 School Photo Day	31/3	1/4 Sports Day	2/4 <b>Good Friday Public Holiday</b>	3/4 -4/4 <b>Easter</b>
<b>11</b>	5/4 <b>Easter Monday Public Holiday</b>	6/4	7/4 School Photo Catch up Day	8/4	9/4 Last Day of Term Early Dismissal 2:10pm	10/4-11/4



## Before School, After School, Student Free Day or Vacation Care Programs

We offer quality care with fun activities, friendships, games, arts, crafts, great food and special events all in a comfortable home like environment at competitive prices.



The Murray Bridge United Football (Soccer) Club will be holding their 2021 Registration Information / Player Nomination Night on Friday 12<sup>th</sup> February, from 4.00pm to 6.30pm.

All Enquiries and/or Player Nominations to Grant please; [klenkegc@internode.on.net](mailto:klenkegc@internode.on.net) or 0411 057 039